**Important information:**
Website to create an account: www.isl.fsu.edu/volunteer
Website for volunteer sign in/ view studies: www.apps.psy.fsu.edu/isl/signin/participant.php

**On Volunteering Itself:**

**Are you still taking Volunteers?**
- We are always taking Volunteers! You just have to be over the age of 60.

**I'm responding to the postcard/ I want to volunteer for the study.**
- Perfect! We always need new volunteers! Unlike before where you may have been contacted about a single study and then signed up for the study from there, we now have a system that generates available studies for you based on certain criteria needed by the researchers. This increases maximum participation and decreases the likelihood that you will be contacted by studies that you don't actually qualify for. We will need to create an account for you, and that account will connect you to our system of researchers. You can do so at our website at www.isl.fsu.edu/volunteer.

**My husband/friend/I got this postcard in the mail/heard about the study and wanted to know if we could sign others up too.**
- We absolutely would love to have more volunteers! Generally, we need participants over the age of 60. However, if someone is interested, they can sign up on our website at www.isl.fsu.edu/volunteer.
- We also ask that you sign only yourself up as there will be some personal information and log-in information that is needed that you may not be privy to.
- Our researchers contact based on certain criteria, and since most of our research is focused on older adult, some individuals who are younger (i.e. 20s-40) may see very little contact or available studies.

**I'm interested in being a volunteer, but I live out in ____ and don't know if I can make the drive.**
- All our research is based in Tallahassee and almost all occurs on FSU's campus. There have been some studies in the past that go offsite to conduct in-home research, but most of our studies require in-lab participation here on campus. Don't let this curb your enthusiasm though, the labs may be able to work with you on transportation, but it is not guaranteed.
What is "Successful Longevity?"

- Successful Longevity is the concept that all the Institute's research focusses on. Essentially, this concept explores not only how to live a longer life, but how we can ensure more fulfilling lives. In the past, aging was seen as a problem, a condition, or malady. Today at FSU’s Institute for Successful Longevity, we see aging as a natural stage of life, and our researchers look at all the components of an older person’s experience as we pursue the causes of age-related cognitive and physical decline and translate those discoveries into practices and interventions that slow or halt these changes. In summary, we want to find and explore options, through multidisciplinary research, for our aging population, both current and future, so that we all can have more successful and enriching lives, where goals are still met, and life is truly golden.

What kind of research is it?

- The Institute for Successful Longevity is interested in improving health and well-being for Florida's aging population. Our research topics are very diverse, but all are centered around the concept of Successful Longevity. For instance, one of our previous studies focused on driving capabilities. In this study, volunteers hopped in our driving simulator and were assessed on abilities to perceive anomalies/hazards, read and comprehend road signs, attention span, etc. Other studies are more focused on physical health assessments, and others look at cognitive areas of research—such as brain games like memory tasks, etc. There are some studies that are interested in the aging population and technology, such as computer/tablet use and how it can affect loneliness.

- If you'd like to see what is currently available, you may go online and sign up for an account as a volunteer. We post new studies regularly, so I'm sure you will find something interesting! Additionally, if you'd like to see what research the Institute has been involved in in the past, you can go to our website at www.isl.fsu.edu and see our researchers, newsletters, blog posts and much more!

I don't want to sign up for an account before I know if there is something that is interesting for me.

- While we understand the desire to be fully informed, at this time we do not have a location where our studies are publicly posted. This is due to numerous factors and cannot be altered. However, signing up takes fewer
than five minutes, and all you need to enter is your name, email address (for the username), create a password, and answer the security question at the very bottom of the page. You can then sign-in and see the available studies. If you decide it's not for you, you can contact isl@fsu.edu with your first and last name, and birthday or phone number if entered, and have your account removed.

- We are always getting new study submissions from our researchers, so even though you do not see something today, there may be something interesting to you coming online shortly after.

I don't do computers.
- Our researchers will likely invite you via email to various studies, but we will have your street address and phone number you've provided available to the researchers. Our available studies are only ever posted to our website, so if you don't want to use a computer to view the studies your participation can be via contact from our researchers only, though this occurs on a far less frequent basis.
- You certainly do not have to participate in any studies that you don't want to participate in. When contacted by the researcher inform them that you do not wish to be involved in a study that uses computers (or simulators) and they can tell you if you would still able to participate or not.

What is the time commitment?
- We have no set time “requirement.” You are not obligated to participate in any studies or required to reach a time quota.
- Studies vary in time commitment. They can range from 30 minutes to four hours. They can be a one-time study or an initial-reassess study (i.e. a study where you come in and then follow up in a week/month/3 month/year/etc.). Generally, studies are one-time, and range from 45min-1 hour and 30 minutes. All the study's details (time/date/compensation/location/etc.) will be provided to you when contacted by a researcher, or at your request when submitted to a researcher.
- Most studies will not meet on a weekly or even bi-weekly basis; however, it is possible. Each study has a unique structure, which will be provided along with other information such as compensation, the study's description, location, and appointment times, in the invitation from the researcher to join the study.

We leave town a lot—maybe I'm not the best candidate.
• We always need volunteers. Researchers will generally coordinate with you first to see when your schedule allows for maximum participation ability. If you are unable to attend a study at all (i.e. out of town for 4-5 months, expecting surgery/recovery, etc.) you may decline the request to participate with no hard feelings. You can request to participate in any study you qualify for or find interesting and have the right to decline any invitation that does not interest you, or that you are unable to participate in.

How much does it cost?
• There is no cost. In fact, you will be compensated for your time. There is not a standard compensation rate-the rates vary depending on study. Generally, the longer or more taxing a study, the higher the compensation. All the information about a specific study's compensation will be provided when contact by the researcher.

How do I get paid?
• You will be compensated for your participation upon completion of the study. Some studies that work in multiple phases will provide part of the compensation at the completion of the first phase and the remainder when the subsequent phases are completed. Specific compensation details will be provided by the researcher when they contact you, although most studies will pay cash in hand or gift cards upon completion.

What if I am interested, but this just isn't ideal for me right now?
• We highly encourage you to sign up now and participate as is convenient with your schedule. However, we plan on being here a long time, so you may join in the future if that is better for you. The sign-up process is the same as above.

Who do I contact and when?
• For tech support, help signing up, issues with the website, log-in help, or any other general volunteering/enrollment questions please email isl@fsu.edu or call 850-644-8571
• For questions about a specific research study (ex. Time, compensation, available dates, location, etc.) please contact the researcher directly. Their contact information, normally an email, is listed beside the study.

While signing up:
Why do you need my email?/Are you going to spam me?
• YOU will use the email address as your log in information to the website, so you can see the available studies that are posted. We do not give out the email address to anyone except the labs with whose studies you qualify for. They will only use this to contact you for the duration of the study.
• ISL will also keep you informed on our sponsored events. These include presentations by our affiliated faculty/staff, subject matter experts, annual events such as Transportation Day, and invited guest speakers. One of ISL’s missions is to help spread our knowledge to those who will benefit most from it! This includes caregivers, family, friends, other academic institutions, local care facilities, and you!

Why do you need my address/phone number?
• It will be used by our labs with whom you are doing research as a means to contact you about study appointments, research specific questions, results, etc. All contact information will remain confidential in our system and only be available to our labs with whom you may qualify until you complete the study or decline the study's invitation.

I hesitate to answer that. I don't want anyone to think I'm prejudice.
• You do not have to provide an answer if you do not want to. Our researchers will never assume attitudes toward an individual and all the information in our system remains confidential. The question is there merely for our system to be able to generate you as a potential participant automatically for certain studies. For example, some studies may be looking at factors such as differences between racial groups and the likelihood to receive prompt medical care, or development of cognitive failure such as Dementia. However, if you'd like to leave it blank you are certainly able to.

I think that question is too personal.
• That is completely fine, you don't have to answer that question. All this information is kept confidential and if you choose not to provide it that is perfectly fine. We have these questions because some of the labs are interested in topics like education differences, financial differences, racial differences, gender differences, etc. The more information you provide, the more studies you can be automatically chosen for, but again you do not have to provide any information you do not wish to.

Page Break
I made my account, but it didn't go.
• Be sure that you answered the security question at the bottom of the form (generally a simple addition problem), and then click the red button that says, "Create Account."

**Tech-based/Site User Questions:**

**I made an account but how do I see the studies?**
- You should have been sent a confirmation email. In that email address there will be a link to the sign-in page for our research site. The web address is: [www.apps.psy.fsu.edu/isl/signin/participant.php](http://www.apps.psy.fsu.edu/isl/signin/participant.php) Be sure to check your spam folder!
- Your log in information is that email address and the password that you filled out. If you can't remember your password, on the sign-in page ([www.apps.psy.fsu.edu/isl/signin/participant.php](http://www.apps.psy.fsu.edu/isl/signin/participant.php)) you will see a blue "Forgot Your Password?" Link below the big red bar saying "Sign In." Click that and the password reset will be sent to your email address.

**I'm on the website and signed in but can't see the studies posted.**
- Go to the Toggle Menu (TOP CENTER of page), or if you see the "DASHBOARD" to the LEFT- Click "VIEW ONGOING STUDIES." Here you will see all available studies with the researcher's name, contact information, study title, and description of study.

**I'm looking at the studies and all I see is a name and email address, but nothing about the studies.**
- If you are using a mobile device or tablet, either tilt the device to landscape position or use your fingers to scroll to the right. The webpage is very large, and you should see a description of the studies after you've scrolled right.

**I think I already have an account but I don't remember the information.**
- Please do not try to make a new account. Instead, please contact tech support at [isl@fsu.edu](mailto:isl@fsu.edu), or 850-644-8571. They can look you up in the system to confirm whether you have an account first. If you do, they may be able to provide your username, but you will have to do a password reset on your own (see instructions below). Please SPELL OUT your first and last name clearly if leaving a voicemail.

**I forgot my password. Are you able to tell me what it is?**
• Unfortunately, that information is confidential. We can however, walk you through how to reset your password.
  • If you go to your sign-in page (www.appspsy.fsu.edu/isl/signin/participant.php) you will see a blue "Forgot Your Password?" link below the big red bar saying "Sign In." Click that and the password reset process will be sent to your email address.